# Intercultural Understanding across the Health Care Disciplines JAPAN STUDY ABROAD Summer I 2016, EALC E351 Open to Undergraduates in the Japan: Health Care Professions Tue & Thu 10:00 – 11:50 am (NU233)

#### Professor:

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#### **Course Description:**

We live in an age where technological, political, and economic factors have come together to create a world in which people from different cultures interact with one another on a regular basis. To function in this ever-changing world, we each need to develop the ability to communicate effectively with people whose beliefs, attitudes, and behaviors are totally different from ours. In this course, we will explore the relationship between communication and culture. Specifically, we will examine three aspects of this relationship: 1) We will explore the ways in which one culture's perceptions of another are shaped through interaction, 2) we will discover the ways in which culture is created and sustained through communication, and 3) we will discuss the ways in which culture constrains or shapes communication and behavior in general, with a particular focus on the health care professions.

The course will provide students with a cultural immersion experience that will prepare them to live and work in a society that is culturally different from their own. As a result of this experience, students will have a greater understanding of their own culture and that of eastern cultures, and Japan in particular. To meet this end, students will be immersed in Japanese culture while exploring in depth it's communication and cultural patterns in health care (nursing, medicine, mental health, social work, public health). While our home base will be the Friends Center in Tokyo, we will make a 3-day excursion to Kyoto and Hiroshima. In Hiroshima, students will visit the Hiroshima Peace Memorial Museum and the Radiation Effect Research Foundation. They will also listen to testimonials of A-bomb survivors. Our course is certified as a Hiroshima - Nagasaki Peace Study Course by the cities of Hiroshima and Nagasaki and the Hiroshima Peace Culture Foundation since the Hiroshima field trip is dedicated to peace study.

#### **Course Objectives:**

In keeping with the goals outlined above, this class has several specific learning objectives. Through the completion of this class, you should:

1. Develop an understanding of and appreciation for underlying dimensions of cultural variability.

- 2. Understand the role communication plays in shaping cultural values, beliefs, and practices.
- 3. Develop an awareness of the ways in which your own culture is shaped through communication and shapes the way you communicate, both verbally and non-verbally.
- 4. Understand the relationship between communication and culture in a variety of healthcare disciplines and contexts, including nursing, medicine, social work, psychology and public health.
- 5. Develop competencies needed to become more effective intercultural communicators and health care professionals.

#### PULS: Understanding Society and Culture Intellectual Depth, Breadth, and Adaptiveness

#### **RISE:** International

#### Texts:

Reading materials and reference data are available in the Modules section of Canvas

#### Some Class rules:

All students are expected to be prepared and present for class, and to participate in class and group discussions whether on line or in person.

The focus, when we are together in class is on face-to-face sharing. The primary benefits from the course come from discussion among students. No Electronics. No texting. All cell phones turned off during class; no laptops open during class.

## Grading:

The grade will be based on attendance and participation, assignments, your e-portfolio, and a final report (one part focused on the student's health profession of interest, and the other part is a summary and critique of cross-cultural learning).

It is very important that you attend every class and keep up with the reading so that you can participate fully in class discussions. You must post at least one question or comment on each reading in the Discussions section of Canvas, and come prepared to discuss your question or comment in class.

Coming to class and checking Canvas information regularly are your responsibilities to keep informed about what is going on in class. Class performance will be graded on the basis of the following criteria.

## Attendance and Participation:

- 5 points: well-prepared, excellent performance
- 4 points: well-prepared, good performance
- 3 points: well-prepared, passing performance
- 2 points: evidence of preparation, but not as a satisfactory level
- 1 point: present, but unprepared
- 0 point: absent

Assignments will be graded as follows:

#### Assignment:

V+	(3pts)	Submitted on time and fully satisfactory
V	(2pts)	Submitted on time but not fully satisfactory
V-	(1pt)	Submitted on time but poorly done
V-	(1pt)	Submitted after class, one class late or two classes late and fully Satisfactory
V-	(1pt)	Submitted after class, one class late or two classes late but not fully satisfactory
0	(0 pts)	Submitted after two classes

#### Grading Scale:

A+	Above 98	С	73 – 74
Α	93 - 97	C-	69 – 72
A-	89 – 92	D+	65 - 68
B+	85 - 88	D	63 - 64
В	83 – 84	D-	59 – 62
B-	79 – 82	F	Below 59
C+	75 – 78		

<ul> <li>Attendance, participation, culturally sensitive behavior, personal responsibility:</li> <li>Assignments: Report, Posting on discussion questions based on readings:</li> </ul>	20% 15%
<ul> <li>Personal blog (Taskstream: e-portfolio on Canvas, communication, culture, experiences notes in Japan)</li> </ul>	30%
<ul> <li>Final paper (1000 words): What did you learn about Japan, your profession, your own culture and yourself?:</li> </ul>	35%

## Schedule Overview (tentative)

<u>Class meetings in the U.S</u>.: Tuesdays and Thursdays 10:00 – 11:50 a.m. (NU 223) <u>In Japan</u> (14 days, leaving June 5, arriving June 6, returning June 19)

### Schedule in the U.S.

Preparation	<u>Class Activity</u>
Bring Plane Ticket and Passport	May 12 <sup>th</sup> (Thursday): Orientation to the course; Orientation to living in Japan – dress, luggage, behavior safety, etc. Introduction to Japanese language/phrases JR Pass (Kuriyama)
Read: <i>Song without Words</i> (Canvas)	May 17 <sup>th</sup> (Tuesday): discuss <i>Song without Words</i> Japanese language/phrases – Greetings Meeting with Japanese guests (submit a report) (Kuriyama)

Intercultural Communication	Japan Study Abroad	Summer I 2016
Read: Check the course module on Canvas (three materials)	May 19 <sup>th</sup> (Thursday): Speaker Nursing in the Development Wo	•
Read: The Future of Japan's Health System (Canvas)	May 24 <sup>th</sup> (Tuesday): 2015 Stud Guest Speaker: Dr. Tasuyoshi I Title: Medicine and Health Care	Kono,
	Japanese language/phrases – time)	Greetings (only if we have
Read: none	May 26 <sup>th</sup> (Thursday): Guest Spe Okano, Title: Medical systems a and Japan	,
	Japanese language/phrases – have time)	Useful Expressions (only if we
Read; none	May 31 <sup>st</sup> (Tuesday): Tour of IU led by Student Assistant Ruth E	
Read: none	June 2 <sup>nd</sup> (Tuesday): 2015 Stud Guest Speaker: Dr. Makoto Kat Title: Hospitals and Clinics in U	aoka,
	Japanese language/phrases – review final plans (only if we ha	•

# Schedule in Japan

June 5 <sup>th</sup> /6 <sup>th</sup> Sun/Mon	Leave for Japan; Arrive Monday, June 6 <sup>th</sup> (1:55 pm). Introduction to Friends' Center and sleeping arrangements. (buy breakfast)
June 7 <sup>th</sup> Tues	Introduction to neighborhood and to Tokyo; subway/train system; grocery shopping; Sengakuji Temple; Reserve shinkansen tickets at JR Shibuya station Dinner at small shops near train station, Evening Reflection Group (7 - 8:30pm).
June 8 <sup>th</sup> Wed	Juntendo University, Urayasu Campus, Nursing School, small group seminars, class observations, campus tour, Luncheon session, introducing each other, Introduction on Juntendo Univ, Q & A and IU Nursing School, Q & A (8:30 - 1:45 pm)
June 9 <sup>th</sup> Thurs	Juntendo University Hospital, Urayasu Campus, Tour of Juntendo University Hospital and Emergency Department ending mid afternoon, Lunch with Juntendo University Faculty members

June 10 <sup>th</sup> Fri	Moriane Jyosanin 1 ½ hr trip: meet Mayumi Taguchi (midwife) at Moriane Jyosan-in (2:00-4:00), Evening Reflection Group (7 - 8:30pm).
June 11 <sup>th</sup> Sat	Free day: visit and tour parts of Tokyo.
June 12 <sup>th</sup> Sun	Travel by Shinkansen to Hiroshima (6:34-11:26); Lunch at <u>Serenade</u> , <u>B2 floor</u> , <u>Hiroshima International Conference Center</u> , Visit Peace Memorial Park & Hiroshima Peace Memorial Museum (hosted by Hiroshima Peace Culture Foundation), Atomic bomb survivor testimonial (Ms.Ogura) (1:00-6:00), Introduction to accommodations at Hiroshima International Youth Center
June 13 <sup>th</sup> Mon	Visit Hiroshima Radiation Effect Research Foundation, Funairi Mutsumien (Senior Housing Center) & Travel to Kyoto in the early evening; Introduction to accommodation at Hotel Station Kyoto near JR Kyoto Station
June 14 <sup>th</sup> Tue	Visit Kinkakuji Temple/Golden Pavillion, Daitoku Temple (Zazen an Tea ceremony), Kiyomizu Temple, Japanese crafts store
June 15 <sup>th</sup>	Free day at Kyoto (Recommended: Japanese crafts store and Fushimi inari taisha), Return to Tokyo by Shinkansen (5:33-8:03), Evening Reflection Group (8:30-9:00 pm)
June 16 <sup>th</sup> Thurs	Morning free, Waseda University Center for Advanced Biomedical Science (TWIns), 2-5pm, (take info about IUPUI Biomedical Research to present)
June 17 <sup>th</sup> Fri	Guest Speaker, Ms. Chie Sawa, counseling and social work (10:00-12:00) Finishing up project/paper
June 18 <sup>th</sup> Sat	Finishing up project/paper, packing, Final dinner celebration at Tamachi batake Shabushabu
June 19 <sup>st</sup> Sun	AM: Pack and Check out, Return to the U.S. (Indianapolis 5:27pm)
June 22 <sup>th</sup> Wed	Final paper and e-portfolio due